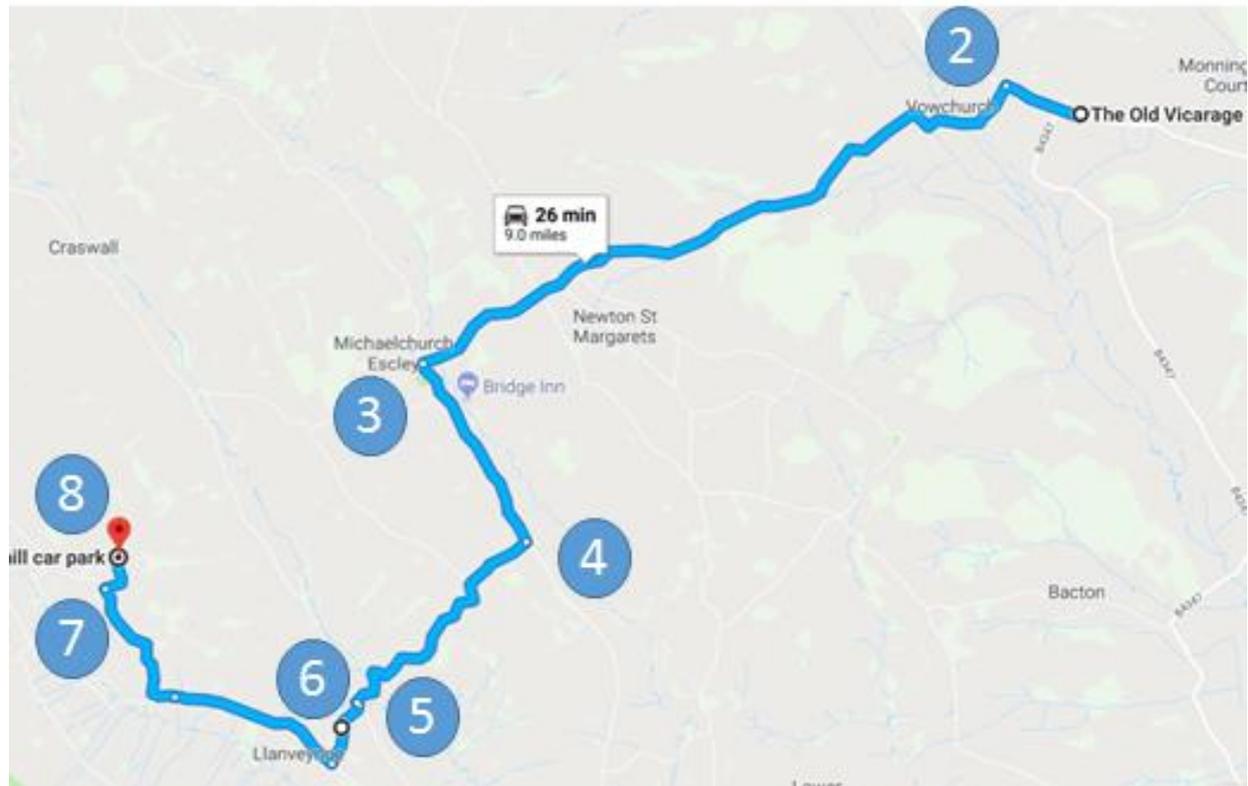


OLCHEN VALLEY / CAT'S BACK



Getting to the start:

9 miles, 25 mins drive.

1. Turn right out of the house, for 400m.
2. Turn left in the dip towards Vowchurch
3. Keep on the road till you hit a T-junction where you turn left towards Michaelchurch
4. Take the 2nd road on the right (small roads – see sign to Rhydunnog Farm)
5. When you come to a cross roads, go straight over (sort of left and then right)
6. Come to a T junction and turn right
7. Follow the road, ignore a small road off to the left and then you will reach an uphill perpendicular road to the right – take it.
8. You should then reach the carpark after 200m

RETURNING: On the way home, why not call in at The Bridge Inn for a quiet drink?!

OLCHEN VALLEY / CAT'S BACK



The Walk:

5 miles, 2-2.5 hours

1. After parking the car, jump over the style and head straight up the steep incline in front of you to the top of the ridge
2. Follow along the top of the ridge itself until you reach the trig point (it gets quite boggy towards the end) where you then follow a path towards the left
3. You should then meet a path back down the valley following the stream. When you reach a metal gate, go through and follow the track to the left
4. Eventually you will be back at the junction you had previously driven up. Turn left and walk the last few minutes back to your car

HAY BLUFF AND TWMPA



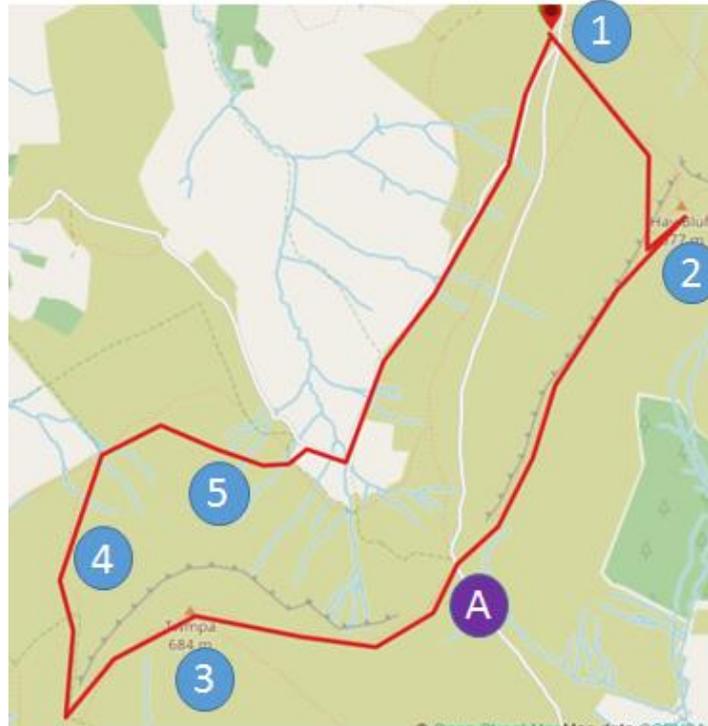
Getting to the start:

16 miles, 35 mins drive (taking the blue route – grey route less direct but more scenic)

1. Turn right out of the house, and keep on the B4348 for 9 miles till you reach a junction
2. Turn left towards Hay and then keep on this road as you enter into Wales!
3. In Hay, at the first junction you come to, you take the road towards the left. You then follow this for a few hundred metres before taking your first “proper” right up Forest road
4. Going past Driver cycles, you continue, following the directions to Capel y ffin (this looks like a right turn but it just follows the road)
5. Follow the road for a few more minutes until you see a rough car park on your right hand side

RETURNING: A stop in Hay is always tempting or maybe a drink in The Pandy at Dorstone but an alternative would be to take the back road via Michaelchurch which gives some lovely views (grey route)

HAY BLUFF AND TWMPA



The Walk:

5.5 miles, 2-3 hours

1. Park the car at the Stone Circle carpark and head up the obvious path towards the bluff. At about 2/3 up, you reach a path stretching up and to your right
2. When you reach the top, you can take the short walk left to check the trig point before heading along the ridge to the other end before dropping down, crossing the road and heading back up the other side
3. Twmpa (or Lord Hereford's Knob) is easily reached with a cairn at its peak.
4. You then start to descend until you see a path joining, turn right down it until you reach a boundary fence and then a track
5. You eventually meet a road at which you turn right, crossing over a ford and continue back to the carpark

Alternative Route:

Should you want a shortened version, you can cut back along the road at **A**. A very simple wet weather option if you just want some fresh air is to park the car and just walk along the road to A and back again – a nice gentle stroll!